

# MONTHLY NEWSLETTER

## WELCOME BACK TO OUR

December 2025 / Vol 1

This December, **Forma Sports** gently closed the year with two meaningful wellness experiences in partnership with **Le Royal Méridien Vendôme Lusail**.

From **open-air** movement under the sky to an intimate **candlelight gathering** with **hand massage** and **matcha**, guided by **Bala's Flow** and a soothing **tea workshop**, each moment invited us to slow down, breathe deeply, and reconnect — with ourselves and with one another.



OH MATCHA upcoming collaboration



NOW we bring our events to your location!



STAY TUNED



[BALA equipment available for sale here.](#)

## IN-HOME EVENTS

Whether it's a **birthday party**, a **private celebration**, or any **gathering with friends and family**, Forma Sports brings fully curated wellness experiences **to your chosen location** — your home, private gym, or booked villa etc.

Each **package** can include premium equipment, branded goodie bags, drinks, and exclusive gifts from our partner brands, creating a seamless and elevated experience tailored to your occasion.

**BOOK**



We offer a wide range of movement and wellness experiences **at your location** — from **Pilates, strength, and mobility sessions to mindful workshops such as matcha rituals, sound healing, and creative therapy.** In collaboration with our trusted partner brands including **Bala, Oh Matcha, and Dore & Rose,** our events can also include **curated goodie bags,** wellness drinks, premium equipment, and thoughtful gifts — all designed to create meaningful, elevated experiences.

# this JANUARY

**BOOK**

## Jan 25 - Feb 3

DREAM PROGRAM 2026,  
Republic of Korea



**COACHMARGO** code for 15% off

# Your pace - your space.

[WWW.FORMA-SPORTS.COM](http://WWW.FORMA-SPORTS.COM)

+97470538181

@formasportsco

