

IN-HOME EVENTS

Whether you're planning a birthday party, baby shower, ladies' gathering, corporate event, or an Iftar wellness session, our **private fitness events** turn your celebration into a guided movement experience — fully organized and professionally delivered to your location.



bala equipped set up

marshmallow treats



Step 2. CHOOSE YOUR GROUP SIZE

Package A: up to 6 guests

Package B: up to 14 guests

Step 3. PICK YOUR PERFECT CLASS

Select what feels right for your group:

- Pilates / Power Pilates
- Sculpt
- Stretching / Mobility
- Postpartum friendly session
- Sound journey
- Ladies & Teens



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Our **base package** includes the **full set-up and complimentary marshmallow flowers** for your guests. From there, you can personalize the experience — including curated **goodie bags**, selected gifts, and partnered brands — all tailored to your occasion and preferences.

Step 4. ADD-ONS

Personalize your event with curated gifts, goodie bags and special experiences.



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You can also create your **Fitness Mystery Box** — a personalized selection of fitness items in matching colors or shades of your choice (subject to stock availability).



Step 5. WORKSHOP ADD-ONS

Add a unique workshop to your event — art therapy, sound healing journeys, matcha masterclasses, candlelight rituals, and more. (optional upon request)



STEP 6. ENJOY THE MOMENT

Our team arrives with **all the equipment**, prepares the space, and ensures everything is beautifully arranged.

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