

PRICE LIST

PRIVATE TRAINING (IN-HOME)

Trial Class	300 QAR
1 Month Pack (8 sessions)	2400 QAR
2 Months Pack (16 sessions)	4750 QAR
3 Months Pack (24 sessions)	6700 QAR

ONLINE TRAINING

Online Trial Class	200 QAR
Online Package (10 Classes)	2000 QAR

IN-HOME REFORMER PILATES

TRIAL CLASS	400 QAR
10 SESSIONS	4000 QAR

TRAINING + EQUIPMENT BUNDLE

STARTER PACK

1 MONTH
2 MONTHS
3 MONTHS



3500 QAR
5800 QAR
7800 QAR

NOTE: IN-HOME AND ONLINE SESSIONS CAN BE DONE IN SMALL GROUPS OF UP TO 4 PEOPLE; EACH ADDITIONAL PARTICIPANT IS **+50 QAR PER CLASS.**

PRICE LIST

LEVEL UP PACK

1 MONTH
2 MONTHS
3 MONTHS



3200 QAR
5500 QAR
7500 QAR

GO PRO PACK

1 MONTH
2 MONTHS
3 MONTHS



2900 QAR
5300 QAR
7200 QAR

IN-HOME FITNESS EVENTS

PACKAGE **A** UP TO 6 GUESTS +
MARSHMALLOW FLOWERS 1200 QAR

PACKAGE **B** UP TO 14 GUESTS +
MARSHMALLOW FLOWERS. 1800 QAR

WORKSHOP ADD-ONS

ART THERAPY, SOUND HEALING JOURNEYS, MATCHA MASTERCLASSES,
CANDLELIGHT RITUALS, AND MORE — **PRICE UPON REQUEST**



NOTE: CUSTOMIZED TOTE BAGS, GIFT BAGS, SURPRISE BOXES, AND
MARSHMALLOW BOUQUETS OR TRAYS ARE AVAILABLE UPON REQUEST, WITH
PRICING DEPENDING ON THE DESIGN AND QUANTITY.